



2 June 2011

## Scottish Get Together

Dear Member/s,

This year's annual Scottish Get Together will be held on **Saturday 27 August, 10.30 am – 4.00 pm at the Long Term Conditions Alliance Hub**, Venlaw Building, 349 Bath Street, Glasgow, G2 4AA ([www.ltcas.org.uk](http://www.ltcas.org.uk)) Telephone 0141 404 0231. The LTCAS office is fully accessible.

The **Scottish Health Research Register** (SHARE) Team ([www.sspc.ac.uk](http://www.sspc.ac.uk)) lead by Professor Frank Sullivan and Dr Brian McKinstry, would like to provide TSA members with the opportunity to have their views heard, via a focus group, on the feasibility of creating and using a Scottish Population Health Research Register. SHARE is envisaged as a simple, complete, current and confidential index of residents of Scotland who have actively expressed an interest in contributing to health research. Please see additional enclosed information.

Mig Coupe from **Mindroom** ([www.mindroom.org](http://www.mindroom.org)) will also be providing us with a presentation on Managing Challenging Behaviour, as we know, a huge issue for many of our members. Mig is a Speech and Language Therapist with more than 30 years' experience of communication problems and special learning needs. Mindroom is a small Scottish charity with a big vision - to ensure that by 2020, every child and adult with learning difficulties in this country will receive the recognition and help they need. Mindroom is a registered CPD provider with Learning and Teaching Scotland.

Need a laugh? This year we have enlisted the support of **Universal Comedy** ([www.universalcomedy.co.uk](http://www.universalcomedy.co.uk)). Angela Parker from Universal Comedy says: "We are a charity and social enterprise, based in Glasgow and working across Scotland. Founded in 2004 by people with ill health and mental ill health, we use comedy as a tool to help build confidence and self-esteem, assist with recovery, meet new friends, create, share and promote ideas."

The cost of this day will be **FREE** to TSA members, so please ensure that your membership is up to date, and return your booking form attached **no later than Friday 5<sup>th</sup> August** by email or in the addressed envelope provided. If any member would like assistance with travel costs please contact us as soon as possible. Following feedback we have again decided not to provide a crèche at the event this year but sincerely hope that this will not make it difficult for you to attend.

### **Programme:**

10.30 – 10.45	Welcome – Tea/Coffee/TSA Information
10.45 – 11.15	Scottish Health Research Register (SHARE) - Focus Group
11.15 – 1.15	Mig Coupe (Mindroom)
1.15 – 2.00	Buffet Lunch
2.00 – 4.00	Universal Comedy
4.00	Feedback questionnaires/Close of meeting

I sincerely look forward to welcoming you all on the day.

Kind regards

*Lynn*

Lynn Shields,  
Scottish TSC Adviser  
Tel 07510 595 968



## Scottish Get Together

Saturday 27 August 2011  
10.30am - 4pm

Long Term Conditions Alliance  
349 Bath Street Glasgow

Names	Buffet lunch <input checked="" type="checkbox"/>	vegetarian <input checked="" type="checkbox"/>	carer <input checked="" type="checkbox"/>
1. _____	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
2. _____	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
3. _____	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
4. _____	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
5. _____	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Address:	Post code	Tel. No. (Please include dialing code)	
1. _____	_____	_____	
2. _____	_____	_____	
3. _____	_____	_____	
4. _____	_____	_____	
5. _____	_____	_____	
E-mail address of main member: _____			

Is this your first time at any TSA Event?	Yes / No
Do you require any assistance towards the cost of attending this event?	Yes / No

Please complete and return the form by Friday 5<sup>th</sup> August to  
Chris Johnson, Membership & Support Services Coordinator, PO Box 8001, Derby DE1 0YA  
email: [chris.johnson@tuberous-sclerosis.org](mailto:chris.johnson@tuberous-sclerosis.org) - Tel: 01332 - 290734