



## What is TSA Outlook?

- TSA Outlook is part of the Tuberous Sclerosis Association
- It provides positive support and information for adults with TSC who are often challenged by the problems caused by TSC but whose motto is "I may have TSC but it doesn't have me!"

## What is the TSA Outlook event?

The event takes place once a year, usually in April and gives members a chance to:

- Meet other adults with TSC from across the UK
- Meet TSA staff including trustees, get the latest news about TSC and get involved with its activities
- Talk about ways to manage TSC challenges

The venue is changed each year so that everyone gets a chance to attend Outlook members decide what they would to have at the event and they choose the type of speakers and activities for the day after each event.

## How does the TSA support the Outlook event?

- The TSA pays for the venue, speakers, lunch and refreshments and activities for members; and can support travel expenses in some cases
- Outlook Trustees, a TSC Adviser and other TSA staff come along during the day
- Outlook Trustees and TSA staff do not supervise or manage the behaviour of members

## Is the Outlook event suitable for YOU?

YES 😊 if you are over 18 and can  
Travel, and participate, on your own OR you can bring a friend or relative to help you

YES 😊 if you are over 18 and are

A carer/parent or relative of an individual with TSC who can come to the day and stay with that individual to meet their needs

NO ☹ if you

Need someone to support you (because of your epilepsy, autism or anxiety) AND you cannot bring a friend or relative with you to stay with you to help you

### TSA Outlook event rules

Members who attend the day need to agree -

- ✓ To come to all the activities during the event
- ✓ To make all members welcome
- ✓ To help new members make friends
- ✓ To be kind and respectful to everyone

***Please note:***

- (1) Hotel accommodation and evening events are not part of this day event
- (2) TSA staff will attend the day event only. Vulnerable people and those with additional needs must have a parent/carer attending with them, and should not use local accommodation without the parent/carer taking responsibility. This is to protect vulnerable people.

I have read and understood this respect and participation letter

Signed .....

Dated .....

Parent/ Carer .....



## Outlook Event Saturday 16<sup>th</sup> of April 2011

The Bed Bar, Premier Inn, Bristol City Centre, Llandoeger Trow, Little King Street

Bristol Avon, BS1 4ER

Ph: 0870-990-6424

**This event is FREE to TSA members** (includes lunch, refreshment breaks) as it is subsidized by the TSA. Please ensure that your Membership is up to date prior to attendance.

NAMES	vegetarian <input checked="" type="checkbox"/>	Parent/ Carer
1.	<input type="checkbox"/>	<input type="checkbox"/>
2.	<input type="checkbox"/>	<input type="checkbox"/>
3.	<input type="checkbox"/>	<input type="checkbox"/>
4.	<input type="checkbox"/>	<input type="checkbox"/>
Address:		
Post code		
Telephone.No. (Please include dialing code)		
Email address:		

Is this your first time at any TSA Event?	YES / NO
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Please return your booking form with your payment, along with your signed copy of the Participation and Respect letter by **25<sup>th</sup> March 2011** to:

Fiona McGlynn  
Head of Development and Support Services  
Tuberous Sclerosis Association  
PO Box 13938 Birmingham B45 5BF  
Telephone 05602 420809 (Tues-Friday 0800-1500)

**If we do not have enough people confirmed to attend we may need to cancel this event so please return your booking forms as soon as possible.**